

BEVERLY HILLS

Study finds link between herpes, CFS

A new study published by the journal *Virus Adaptation and Treatment* proves what many in the Chronic Fatigue Syndrome community have believed for years — there is a causal connection between herpes viruses and CFS.

The study by Dr. A. Martin Lerner titled, "Subset-directed Antiviral Treatment of 142 Herpesvirus Patients with Chronic Fatigue Syndrome," followed 142 CFS patients in one clinic, the Treatment Center for Chronic Fatigue Syndrome in Beverly Hills.

The study identified human herpes viruses as a clear causal factor in CFS. In addition, the research illustrates long-term oral antiviral treatment provides significant improvement for quality of life in CFS patients.

About 4 million Americans are estimated to have Chronic Fatigue Syndrome.